

Editor: Henny van Dijk

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September, 2021

The Brookwood Community...



Now that we are slowly getting back to normal in our daily lives, the Event Committee has organized a field trip to the Brookwood Community Center in Brookshire on Sep. 14. It will be a bus trip and we plan to have lunch on the premises.

Brookwood provides an educational environment that cre-

ates meaningful jobs, builds a sense of belonging, and demands dignity and respect for adults with disabilities. The campus consists of eight group homes, two single-family staff homes, a residential Inn, a health and dental clinic, Worship Center, enterprise building, activities and administration building, 47 greenhouses, Gift and Garden Center and the Café at Brookwood, and several other support buildings.

If you plan to go on this trip there are a few things you need to know. Your **membership needs to be paid up**; the bus leaves from OCB promptly at 9 AM and there is only space for 20. Masks are mandatory. Let Gill or Barry Rittman know by phone 713-542-8108 or 713-542-1865 barryrittman@gmail.com or gillianrittman@gmail.com

The Precinct bus from OCB to take us to the Brookwood Community on September 14, 2021 leaving at 9am returning at 3pm. We will tour Brookwood then have lunch at Brookwood cafe (you pay for your own lunch). prices range from \$10—\$16 with a nicely varied menu to chose from. Keep space for dessert.

Registration is strictly set at 20 due to covid regulations and you will be required to provide an emergency and your personal cell phone number to board the bus. So that we might protect our members and the bus driver, for those going on this trip should be be fully vaccinated and agree to wear a mask.



The New Bus Protocol ...



When UTHRO travels to an event we're fortunate to be able to use the buses from Precinct 1, but in these times of Covid the Precinct has made new guidelines for those trips and we are bound to obey them. The first one is limited capacity—Only 20 people per

bus, no food, no drinks and masks are required. Limited range to 100 miles one way and a duration of 6 hrs total. Other demands: you will be required to provide an emergency and your personal cell phone number to board the bus. So that we might protect our members and the bus driver, we ask that those going on this trip be fully vaccinated and agree to wearing a mask.



Plans are continuing for our UTHRO Endowment Award meeting. Requests for proposals have been solicited. The committee is ready to review them when they come in. Members will hear the finalists and vote on the awardee. The date for our meeting to do that is September 29. Because of the

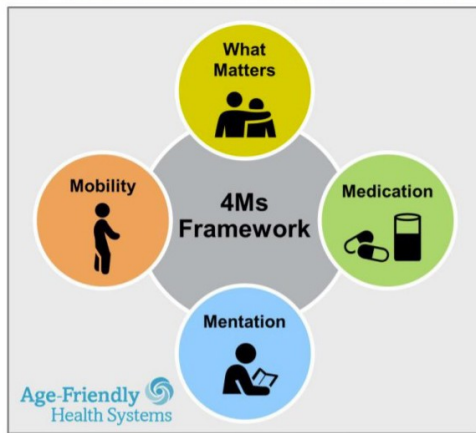
continued threat of COVID, this year's meeting will not be in person but rather will be a virtual meeting. The Consortium on Aging has very graciously agreed to host our event on Webex where you will see presentations and be able to vote on the awardee. This year there will be one \$5,000 award and two \$1,000 awards. Quite an accomplishment for our UTHRO members and our Endowment for Healthy Aging!! And if you think that you cannot do a virtual meeting, please think again. It is easy! You just have to click on a link to join the meeting. So, watch for an invitation to the meeting later in September. See you then !



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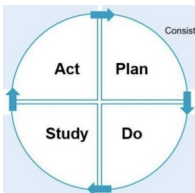
The 4 Ms and What Are They



The United States is aging. The number of older adults, individuals ages 65 years and older, is growing rapidly. As we age, care often becomes more complex. Health systems are frequently unprepared for this complexity, and older adults suffer a disproportionate amount of harm while in the care of the health system. To address these challenges, in 2017, The John A. Hartford Foundation (JAHF) and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA), set a bold vision to build a social movement so that all care with older adults is age-friendly care. The Age-Friendly Health Systems movement now comprises several hundred hospitals, practices, and post-acute long-term care (PALTC) communities working to reliably deliver evidence-based care for older adults.

The 4Ms — What Matters, Medication, Mentation, and Mobility — make care of older adults, which can be complex, more manageable. The 4Ms identify the core issues that should drive all decision making in the care of older adults. They organize care and focus on the older adult's wellness and strengths rather than solely on disease. The 4Ms are relevant regardless of an older adult's individual disease(s). They apply regardless of the number of functional problems an older adult may have. The 4Ms are a framework, not a program, to guide all care of older adults wherever and whenever they come into contact with your health system's care and services. The intention is to incorporate the 4Ms into existing care, rather than layering them on top, in order to organize the efficient delivery of effective care. This integration is achieved primarily through redeploying existing health system resources. As many have found they already provide care aligned with one or more of the 4Ms. Much of the effort, then, involves incorporating the other elements and organizing care so that all 4Ms guide every encounter with an older adult and their family or other caregivers. This Plan Do Study Act (PDSA) has 4

steps but can be accessed at any point as a loop integrating those steps. As this might be a focal point for the Council on Aging in the near future I thought it wise to introduce you to this concept originated by "Age Friendly Health Systems"



Brian Yeoman Remembered...



During the few years I worked for Brian at UTHSCH, I earned a lifetime friend. Brian had over 200 employees when I joined his Department but I didn't truly recognize how passionate he was about what he believed in until he started working on Sustainability, something he cared about deeply.

A 'Raging Thunder Lizard for Change' - a turn of phrase he like to use - is what he was and still is in my mind. He always used to say, "You own your resume, your career. You are in charge of your life, so make it count."

His sign-off message on his phone or cards said it all.

'You too can do 'Great Things'.

Margaret Zambrano

I knew it was going to be interesting when I was there about a week when Brian announced he was off for a week on one of his great hunting adventures, and I was in charge of Purchasing. Needless to say, I was the deer in the headlights as I knew nothing about purchasing! Somehow, we all survived. Personally, my family and Brian's became very close friends. He and Rene were married in my home, we celebrated our children's birthdays and holidays together, and my husband and Brian hunted together. Brian leaves behind a legacy of accomplishments, mentorship, and friendship. It is with a great sense of loss that I say farewell to one of my best friends.

Barbara Kelly

More than anything else, Brian Yeoman was a wonderful friend. Over forty years ago, Brian and I met while I was working a part-time job in a grocery store. He asked what my regular job was and I told him I worked for a local office supply dealer. He asked if I would consider working at UT as a buyer of office supplies and small equipment. This began a tremendous career that still goes on today for me!

Alan Phillips

Literally stunned, I reeled when I learned that Brian had died. Only recently, he had emailed me as he did intermittently over the last 15 years since we had seen each other. It was a curious email to me at the time but now I understand that he was saying goodbye. but my memories are of sharing late evening conversations when we were posted to the OCB outpost, brainstorming solutions to challenges together and banding together when we shared a common "enemy" (oh, the intrigues that we experienced!). Our clashing egos sometimes led us to loud arguments and sullen silences but, in the end, we knew each other as a confidant and supporter. Such individuals are rare in any life and Brian was one in mine.

Judy Booker



Brian received a call from Climate Change Initiative and informed he was having lunch the next day with the "boss". He showed up at the hotel and so did Bush!! It was an exciting day for Brian.

Mary McBroom

Ina Fried Still Writes...

My former colleague and UTHRO member Ina Fried currently resides in NY State, but is still busy writing for several TMC institutions and here is one I asked permission to post...! She did ask me to tell you "I'm happy to report that my work has borne fruit. The Texas Children's Hospital -Baylor College of Medicine Department of Pediatrics 2020 Annual Report is live online:" <https://texaschildrens.site/bcm/2020/>

Lifesaving vaccines build on 10 years of research into coronaviruses

It seemed too good to be true. Vaccines usually take years to develop. But in just months, multiple organizations announced development of vaccines against COVID-19. What some people didn't realize was that fast development was made possible by more than 10 years of vaccine research by several laboratories worldwide, including at Texas Children's Center for Vaccine Development.

"Coronaviruses are threats that seem to arise out of nowhere and cause explosive epidemics and pandemics," said Peter J. Hotez, MD, PhD, co-director of Texas Children's Center for Vaccine Development and dean of the National School of Tropical Medicine at Baylor College of Medicine. In December 2019, China reported a cluster of "viral pneumonia of unknown cause," which was later identified as a novel coronavirus. By May 2021, deaths from COVID-19 totaled more than 594,000 people in the U.S. and more than 3.52 million people worldwide.

Simply put, the world did not have the luxury of waiting the normal development time for new vaccines. Luckily, we didn't have to. "We already had 10 years of experience in the coronavirus vaccine development space, and 20 years of experience in developing prototype vaccines," said Maria Elena Bottazzi, PhD, co-director of Texas Children's Center for Vaccine Development and associate dean of the National School of Tropical Medicine. "The feeling of urgency that we and all our scientists had was of amazing intensity and stress. But at the same time, it was also quite rewarding because all our teams jumped in without hesitancy, recognizing it was our duty to respond rapidly."

Hotez and Bottazzi have worked together developing low-cost vaccines for diseases that primarily affect poverty-stricken populations around the world. These diseases are generally overlooked by large pharmaceutical companies because they have little chance for any intervention to be profitable. Hotez emphasized that vaccines fast-tracked under U.S. Operation Warp Speed and programs in other countries still underwent rigorous testing for safety and effectiveness.

With billions of dollars invested by governments and philan-

thropists, pharmaceutical companies were able to save time by conducting preclinical and multiple clinical trials simultaneously instead of sequentially.



Ina Fried cont. ...

The vaccine center at Texas Children's and Baylor developed a low-cost COVID-19 vaccine that will be produced and evaluated by Biological E in India, one of the world's largest vaccine producers. As of May 2021, Biological E received approval to advance into Phase 3 clinical trials and ramp up production for the doses that would enable the vaccine to be authorized and deployed in low- and middle-income countries. "If all we do is vaccinate the American people and don't do anything about the world's low- and middle-income countries, that creates a huge virus incubator for new variants to emerge. And that makes our nation susceptible as well. We have to figure out a way to vaccinate both the United States and the rest of the world. Otherwise, it's going to be self-defeating," Hotez said. "The problem that we face globally with these mRNA vaccines, like those from Pfizer and Moderna, is that the technology is too new to know how to scale it for the billions of doses that are needed, and you have this onerous cold-chain storage and transport requirement for uninterrupted extremely low temperature from production to distribution. Our vaccine builds on the track record of another well-known vaccine. It's inexpensive – we think our vaccine could be produced for approximately \$1.50 a dose. It only requires standard refrigeration. Ours is what's needed in Africa and Latin America, which is a durable, low-cost, easy-to-use vaccine," he said. It uses the same technology as the Hepatitis B vaccine, which has inoculated adults and children safely for 40 years.

"It's very likely that vaccines such as ours are also going to be ideal for use in pediatric populations because they are produced with technologies that are already used for other pediatric vaccines," Bottazzi said.

Hotez has become a local and national Covid-19 spokesperson with his dapper bowtie in which he gave 683 television and radio interviews about COVID-19, published 28 articles and two books, and wrote 10 op-eds.

Another mission of the Center for Vaccine Development is to strengthen and build capacity in other countries. The center's scientists work with researchers in many regions, especially in Southeast Asia, the Middle East and Latin America, to help them bolster their own capabilities and know-how to produce vaccines for their own populations. Hotez and Bottazzi credit Texas Children's with enabling the center to make such an important contribution to combating COVID-19. "In 2016, the priority of coronavirus research pretty much disappeared, and we were not able to obtain outside funding to continue the coronavirus vaccine program initiated in 2011. What allowed us to keep the program alive was our funding from Texas Children's," Bottazzi said. "We continued learning about these vaccines; we kept studying them under strict quality control; we continued having our people trained and intellectually on top of coronavirus scientific advancements. That's the point of Texas Children's support for our vaccine center – they are so forward-thinking that we're allowed to invest into cutting-edge programs even though others may not feel the urgency," she said.

UTHRO

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5827 White Clover Dr.
Richmond, TX 77469

To update your address or phone number
please contact us at 281-655-1983

And Now For Something Completely Different... Retired & Loving It...!



First for a smile...

If the person who named
the Walkie Talkie named
everything...

Stamps would be	Lickie Stickie
Defibrillators	Hearty Starty
Bumble Bees	Fuzzy Buzzy
Pregnancy Tests	Maybe Baby Bra
	Breasty Nestie
Fork	Grabby Stabby
Socks	Feetie Heatie
Hippos	Floatie Bloatie
Nightmare	Screamy Dreamy

UT Health in the news:

GABBY WINS BRONZE!

Our resident Olympian won the Bronze medal in the women's 200m final with a time of 21.87 seconds. Every student, faculty and staff member is proud and elated to work alongside a tremendous human being.

Congratulations
Gabby Thomas!



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