

Editor: Henny van Dijk

www.uthro.org

May, 2024

Our Classic May Event ...

The Cinco de Mayo Luncheon



I just received notice that we have a reservation for OCB Rio Grande room for May 2, 2024 from 11am to 2pm for our Cinco de Mayo luncheon.

UTHRO will serve the tacos. We plan on providing meat, tortillas, basic fixings (lettuce, cheese, onion, jalapeños etc) but please bring a side dish such as tamales, rice, beans, salsa, guacamole and desserts (and maybe chips for those who don't want to cook).

Members attending, need to let Janice Thomas know by April 27th. Parking validations for the OCB lot will be available.

....And while we enjoy the food we thought it would be fun to play Loteria or Mexican Bingo, and some of you might get lucky and win a small prize. And for those who never played the game, think of it as Bingo with pictures instead of numbers. The first player with four chips in a horizontal, vertical or diagonal row, or fills the *tabla* first, shouts "Lotería!" and is the winner.



Again **RSVP by Sat. April 27** so we have an idea of how many tacos we need and what dish you plan to bring.

RSVP to: Janice Thomas at 832 515-0280 or email her at flyte99@yahoo.com

Rita Zachariason Remembered ...



"I am very sad to tell you that Rita Zachariason died this morning, Saturday, March 30."

When I received this message from Peggy O'Neill on Sunday morning I had known that Rita was in ill health for some time, but it still seemed unexpected as she was such a strong personality and valued UTHRO friend, who gave us a very touching item—a

pepper & salt shaker in Dutch costumes. *Henny & Yoka*

"Rita was already teaching at the Dental Branch when I arrived there in December 1989.

She was a really great teacher not only for the way she taught the materials but also for her compassion for the students. To them she was not just a teacher but a friend and a confidant who could always be relied on to help and be compassionate to them. The first and second years are particularly hard times for students and she made the students load a lot easier. A great teacher and friend"

Barry Rittman

"While I was a student during Rita's tenure as a faculty member, due to the self-pace curriculum in the 1970's, I had more contact with her when I became a faculty member in 1987. The things I will always remember about her is how kind, considerate and dedicated she was in every encounter and everything she did. She was passionate about teaching, and equally passionate about her students learning. She will be missed but leaves many great memories for those of us who knew her. May she rest in peace."

John Valenza

Rita Zachariason was a longtime colleague and friend. We first met in about 1975 when I started teaching at the UT Dental Branch where she was already a faculty member. We collaborated on courses and lectures, served on numerous committees together, helped to change the curriculum, helped to establish faculty governance, and fought for equal pay for women faculty. Rita was always prepared and always contributed. She was an excellent teacher, receiving teaching excellence awards multiple years, and very well liked by her students. After retirement, we were both active in UTHRO, serving on the Executive Committee and enjoying the trips and events of the organization. Rita was very supportive of the Endowment and served as the chief auditor for a number of years. She was a wonderful colleague and a good friend.

Peggy O'Neill

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An Endowment Fundraiser...

"One of the more enduring legacies we as UT retirees (UTHRO) established is the Endowment for Healthy Aging to accompany our motto Seniors Helping Seniors and supporting the Institute on Aging".

We as an organization raised more than \$100,000 in the astounding short time of 6 years. The Executive Committee would like to see that number increase significantly and the Endowment grow so the grants created by the interest of the corpus would allow to support research by young investigators be awarded to the tune of \$10,000 and up.

However the growth of the Endowment is slowing down and we are looking for ways to not only increase the participation and therefor the dollars but also the ways that might be accomplished. So we tried the "loose change" appeal and it works, but Cathy Findley came up with another suggestion

Endowment fundraising project.

In an effort to expand the endowment annual earnings, Cathy Findley proposed collecting aluminum containers as another option to raise funds. She has also agreed to lead this project and has already begun collecting containers with hopes of selling the first batch in late June.

Cathy is hoping to recruit other UTHRO members to join her with this initiative to raise funds for the endowment. Interested members could help by collecting cans or only the tabs since they don't take up much space. Cathy will pick up members' collections at UTHRO meetings or events. For members unable to attend meetings or events, she will arrange to pick up batches from members who live inside or near the loop. Once she has filled at least one large trash bag she will take it to be sold.

Her goal is to collect a minimum of \$100 for the upcoming 2025 campaign. Remember that several small batches add up so if you are interested in participating, please send her an email C3findley@gmail.com or text 281-793-6337. Thanks in advance.



The 2023 UTHRO Audit ...



Peggy O'Neill and Marilyn Wells conducted an audit of Fiscal Year 2023 UTHRO Finances. Margaret Zambrano, UTHRO Treasurer, provided all financial documentation.

Peggy and Marilyn would like to thank Margaret for providing all documents and compliment her on contributions to UTHRO. Margaret's records are complete and detailed. The audit findings and recommendations are as follows:

In fiscal year 2023, UTHRO was able to hold more social events. The objective of UTHRO is use the membership dues received to hold a monthly event that any retiree can participate in. We strive to keep the retiree cost at a minimum and provide entertainment and education.

Without the support of the membership through the payment of membership dues, UTHRO would not be able to maintain the financial health required to operate. Membership dues support costs for the Newsletter, Social activities, the Annual Health Symposium, Lunch & Learn presentations and minor miscellaneous expenses.

In order for UTHRO to continue social events, it is of the utmost importance that the membership support UTHRO by paying their dues in a timely manner.

Marilyn Wells
Peggy O'Neill
Margaret Zambrano, UTHRO Treasurer

UTHRO OFFICERS 2024

President	Barbara Kelly
Vice-Pres	Efren Pena
Secretary	Daun Gray
Treasurer	Margaret Zambrano
Newsletter Editor	Henny van Dijk
Web Administrators	Pat Grealy & Glenn Schreyer

To protect our officers' personal information on our website, UTHRO has instituted a new general purpose email address: uthro@uth.tmc.edu. This is a "forwarding" email that will send copies to both the UTHRO president and Efren Pena who will then forward the email to the appropriate person. Including the recipient's name in your subject will be very helpful; e.g. Subject: For Barry, BBQ lunch. If UTHRO members already know the phone number or personal email address of an officer then by all means continue using that for your communication needs.

AI in Image Interpretation



Artificial Intelligence (AI) has burst onto the scene in healthcare in recent years, giving rise to new innovations that promise to improve patient health outcomes and workflow efficiencies. From diagnosis to treatment and home care, AI has shown potential to support healthcare professionals and patients at every stage of the care continuum.

With Computed Tomography (CT) being one of the most widely used imaging modalities, radiology departments have a lot to gain. It starts with getting a patient in the right position for an exam. In CT, patient mispositioning is a common challenge, which can result in increased radiation dose to the patient or image noise.

[AI-enabled image reconstruction](#) can help to reduce radiation dose and improve CT image quality, thereby supporting diagnostic confidence.

Magnetic resonance (MR) is another imaging modality that plays an ever-more important role in precision diagnosis of medical conditions.

It can accelerate exams to increase productivity, while supporting diagnostic confidence with high-resolution images. The technology increases MR accessibility for patients who are stressed, anxious or in pain. Because it shortens exams and provides first-time-right scans regardless of patient condition, patients spend less time in the scanner, thereby improving their experience.

In cardiac care, ultrasound has developed into an indispensable tool to help visualize and evaluate a patient's heart function. In fact, it is now often the first imaging modality used to diagnose patients. However, the challenge with ultrasound is that it strongly relies on the person operating the system. With AI, we can take away some of that manual and repetitive labor and deliver fast and reproducible echo quantification, improving both the patient and staff experience.

Similarly, AI can support with image segmentation and quantification in radiology, thereby enabling radiologists to focus on higher-level interpretation of images. For example, AI algorithms that scour MR images of the brain for subtle neurological changes over time have been shown to improve diagnostic accuracy in multiple sclerosis patients by 44%, while reducing reading times.

Interventional physicians, in stroke care, cloud-based AI can help analyze CT images to automatically detect large vessel occlusion – a major source of stroke – as well as its location.

Just Some Canadian Linguistics

My Canadian friend sent me these hilarious common "foreign" sayings slightly altered, to change one letter in a familiar non-English phrase and redefine it.

Harlez-vous francais? -- Can you ride a French motorcycle?

Ex post fucto. -- Lost in the mail.

Idios amigos. -- We're wild and crazy guys!

Veni, vipi, vici. -- I came; I'm a very important person; I conquered.

J'y suis, j'y pestes. -- I can stay for the weekend.

Cogito eggo sum. -- I think; therefore, I am a waffle.

Rigor Morris. -- The cat is dead.

Repondez s'il vous plaid. -- Honk if you're Scots.

Que sera serf. -- Life is feudal.

Le roi est mort. Jive le roi. -- The king is dead. No kidding.

Posh mortem. -- Death styles of the rich and famous.

Pro bozo publico. -- Support your local clown.

Monage a trois. -- I am three years old.

Pardonnez-mot. -- That wasn't funny. Sorry.

Felix navidad. -- Our cat has a boat.

Haste cuisine. -- Fast French food.

Veni, vidi, vice. -- I came, I saw, I partied.

Quip pro quo. -- A fast retort.

Aloha oy. -- Love; greetings; farewell; from such a pain you should never know.

Mazel ton. -- Lots of luck.

Apres Moe le deluge. -- Larry and Curly get wet.

Porte-kochere -- Sacramental wine.

Ich liebe rich -- I'm really crazy about having dough.

Fui generis -- What's mine is mine.

Visa la france -- Don't leave chateau without it.

Ca va sans dirt -- And that's not gossip.

Merci rien -- Thanks for nothin'.

Amicus puriae. -- Platonic friend.

L'etat, c'est moo. -- I'm bossy around here.

L'etat, c'est Moe. -- All the world's a stooge

UTHRO

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*To update your address or phone number
please contact us at 281-655-1983*

And Now For Something Completely Different...

UTHRO Travels to Italy - Buon Viaggio...!

