



Bingo for the Endowment

Join us to play bingo and raise money for the Endowment for Healthy Aging on Wednesday, January 21, 2026 from 11 AM-2:30 PM at OCB.



Come for a relaxing day of Bingo with fellow retirees and we can also raise a little money for our Endowment. Bring your loose change for the jar. We will provide a light lunch and some small prizes for the bingo games.

Cost will be \$10 payable in advance by check made to UTHRO mailed to Sondra Faul, Treasurer. Please RSVP to Janice Thomas by January 14 by email at uthro@uth.tmc.edu.

by Glenn Schreyer

Moody Gardens Trip

On December 10th, we took a bus trip to Moody Gardens to see the Christmas Lights. After some minor bus problems, we arrived and had a nice dinner at the buffet. Then we ventured to the frigid clime of the Ice Land exhibit. If you look closely, the temperature was 9 degrees Fahrenheit. Fortunately, we were provided with Parkas to ease the cold.

After a brief respite with Hot Chocolate, we embarked on a walking tour of the Festival of Lights.



Story: Glenn Schreyer, Photos: Patricia St Martin

UTHRO Endowment

The UTHRO Endowment for Healthy Aging is alive and well, thanks to you, our generous donors. This year so far, donations total a little over \$3,500, and the value of the Endowment is over \$141,000. But, we want to keep the fund healthy so that more interest can be generated for research awards.

For our newer members, and as a refresher for our long-time members, a little history of the origin of the UTHRO Endowment for Healthy Aging may be in order. From the organization's inception in 1993 until about 2000, UTHRO functioned primarily as a means for social interaction among retirees, a way to stay connected, to participate in fun and educational activities, and a means to stay in touch with activities of UTHealth. Around 1999, the organization decided to present an annual Excellence Award and conducted fund raising every year, giving the money to the UTHealth Consortium on Aging Brain Health Clinic to help fund some of their projects in geriatrics. In 2016, the Executive Committee presented a proposal to the membership to establish the UTHRO Endowment for Healthy Aging, administered through UTHealth, instead of giving the Excellence Award each year. This was approved by the membership. It was felt that by establishing an endowment, monies could be accumulated and earn interest to be used to support patient care, education and clinical research related to aging. It started with a group of Founders, both UTHRO members and friends, who contributed the \$25,000 required to initiate the Endowment. Through annual fundraising, it has grown to the current amount today. We hope that the fund will continue to grow and generate more interest so that we can make significant contributions in support of our motto of "Seniors Helping Seniors".

This is an opportunity to build a legacy for our organization, to leave something of value to UTHealth, and to contribute to the exciting research in geriatrics from young investigators. It is the hope that you, the UTHRO members, think that this is an important project and will continue to support it and help it grow. The goal for this coming year is \$150,000. It is not too late to contribute. The amount does not matter, and all contributors are kept confidential. Consider giving in someone's memory or in someone's honor as a gift. Help UTHRO continue to support this important project.

by Peggy O'Neill

Membership

January means it's time to pay your annual dues. Fortunately, it's only \$15 for a member, including a spouse/significant other. You can find the form at: [Renewal Form](#). Instructions to complete the form and pay the dues are on the form.

Remember that you will have events most every month, organized by the Executive Committee, many of which have no additional charge.

by Glenn Schreyer

Obituary

Alan Lucas who was set to retire this month passed. He worked in the same department as our treasurer, Sondra Faul.



[Link to Clayton Funeral Homes Obituary](#)

Sondra Faul

UTHRO OFFICERS 2025

President	Barbara Kelly	UTHRO has a general purpose email address: uthro@uth.tmc.edu . This is a “forwarding” email that will send copies to designated committee members who will then forward to the appropriate person.
Vice-Pres	Cathy Findley	
Secretary	Claire Brunson	
Treasurer	Sondra Faul	Including the recipient's name in your subject will be very helpful; e.g. Subject: For Janice, BBQ lunch.
Events	Janice Thomas	
Web Admin	Pat Grealy Glenn Schreyer	If UTHRO members already know the phone number or personal email address of an officer then continue using that for your communication needs.
Newsletter Editor	Glenn Schreyer	

UTHRO

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To update your address or phone number please contact
us at 713 906 0437