



September Event

Presentations of Endowment Grant Proposals

On September 24th, we will meet at the OCB Rio Grande room to vote for the winner of our \$10,000 grant from the Endowment. We have asked young researchers to present proposals of Research for the Aging. A UTHRO Committee will select the top 3 candidates, who will then give a presentation at this event. Then the members at the event will vote for the candidate of their choice. You must be present to vote.

You Make a Difference

Over the years, our UTHRO members have donated to an Endowment so that we can give back to UTHealth and promote Research. It is YOU that have made this possible, and YOU that can choose the direction of this research.

The event will be held from 11 AM-2 PM on September 24th and a light lunch will be provided. Also, parking validations for the OCB lot will be available.

Please RSVP to Janice Thomas at uthro@uth.tmc.edu by September 17th.

Bring your loose change for the Endowment Jar.

by Glenn Schreyer

Save the Date

Our next event will be on October 14th. It will be our annual Health Fair. But this year, we will be including a presentation about our UT CARE enrollment at the end of the year. You don't want to miss that. Details are forthcoming in the October Evergreen Newsletter.

August Event Photos

In August, we made up for missing our Cinco de Mayo Event (because of flooding threats) by having a Mexican Fiesta luncheon. We ate tacos and played Loteria. Here are a few pictures from our event.



Hope you can come to our next event.

UTHRO Travels: Spain's Classics & Portugal



will be visiting on our travels.

We begin our adventure in Barcelona, the cosmopolitan capital of Spain's Catalonia region. It is known for its art, architecture, and food. The city itself is a work of art! The people of the Catalonia are very proud of their origins and fly the Catalan flag alongside the Spanish flag. The locals, although fluent in both languages, insist on speaking Catalan first. The cities modernista style of architecture is highly influenced by Antoni Gaudi (Sagrada Familia), Luis Domenech i Montaner, and Josep Puig i Cadafalch. Pablo Picasso lived in Barcelona as a teenager when he was on the verge of reinventing painting styles. His legacy to the city is the Picasso Museum.

On May 1st we fly overnight to Barcelona and will be met at the airport by a Collette representative for transfer to our luxury hotel. After check in at our hotel, we will have the rest of the day to explore Barcelona on our own.

So, step outside our Radisson Blue 1882 Hotel which is centrally located and just a few steps from

the La Sagrada Familia and explore Barcelona! Within walking distance are some the best restaurants, shops, public transportation and cultural sites in Barcelona. Take a walk on the Paseo de Gracia and marvel at the architecture along the Block of Discord. Visit the La Pedrera, one of the last private homes designed by Antoni Gaudi, and Park Guell, a colorful Gaudi designed park overlooking the city. Visit the Picasso Museum or the Catalan Art Museum. Be sure to buy your museum tickets online and skip the lines. Along a walk to the harbor stop at the Cathedral of Barcelona. If you walk all the way to the harbor, I would suggest taking public transportation back up to the hotel.

That evening we will meet the rest of tour group and our Tour Director for dinner at a local restaurant.

The next morning, we will be joined by a local expert for a stroll on the Las Ramblas, a tree-lined pedestrian mall stretching 1.2 kilometers that offers a festival of people watching, street performers, shops, and tapas restaurants. We will walk through the Gothic Quarter, a labyrinth of narrow, winding streets that date back to Roman times. After some free time for lunch on our own, we will enjoy a guided visit to the Palau de la Musica Catalana, a UNESCO World Heritage Site and one of Barcelona's most celebrated architectural landmarks. After the tour, you will have free time to continue you exploration of Barcelona. I might suggest this is good time to visit the awe inspiring La Sagrada Familia, a UNESCO World Heritage Site, designed by Catalan architect Antoni Gaudi. Be sure to get your tickets in advance.

After breakfast the next morning we say goodbye to Barcelona! Our next stop is Valencia with a few stops along the way!

I hope you will be joining us on this adventure!

by Barbara Kelly

UTHRO OFFICERS 2026

President	Barbara Kelly	UTHRO has a general purpose email address: uthro@uth.tmc.edu . This is a “forwarding” email that will send copies to designated committee members who will then forward to the appropriate person.
Vice-Pres	Cathy Findley	
Secretary	Claire Brunson	
Treasurer	Sondra Faul	Including the recipient's name in your subject will be very helpful; e.g. Subject: For Janice, BBQ lunch.
Events	Janice Thomas	
Web Admin	Pat Grealy Glenn Schreyer	If UTHRO members already know the phone number or personal email address of an officer then continue using that for your communication needs.
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